



**2019 NORAM CUP**  
**Centre de Ski Le Relais Lac Beauport**  
**1084 Boulevard du Lac, Lac-Beauport, QC**  
**FEBRUARY 1 -2, 2019**

**Invitation**

The Relais Ski Center Lac Beauport and the Organizing Committee (OC) are pleased to invite all eligible freestyle skiers, coaches and fans to attend the 2019 NorAm Cup to be held at Lac Beauport, Quebec, Canada on January 31 and February 1-2, 2019

The Competition is comprised of two (2) events Aerials.

**General Information**

**Date and Location**

Aerials (AE) competitions and training will be in course no 8C.

**Rules**

The Federation Internationale de Ski ("FIS") is sanctioning this Competition. The Organizing Committee of the event will host the competition in accordance with the FIS Freestyle Ski NorAm Cup rules.

**Entries**

All athletes entered in a NorAm Cup competition must hold a valid FIS License issued under the authority of their national ski association and conform to the rules in the FIS ICR Sections 203 and 204.

Entry Fees for each participant are **455.00\$ CAD** before Thursday January 17 for the two events, including lift tickets and registration fee for four days. Below, here is the link for your payment. After January 17 the cost will be **475.00\$ CAD**.

**Inscription : <https://csalrlb.proinscription.com>**



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### Registration

Upon arrival at Lac Beauport each athlete should present themselves at the registration desk located in the Acrobatx water ramp building situated at the bottom of course no 8C, use south parking lot.

### Lift Tickets

Lift tickets will be available

Competitors: **Included**  
Coaches: **Not necessary**

### Bibs

A bib deposit of **CAD\$ 20.00** is required. **Cash only please.** Bibs must be returned in good condition for a refund at the end of the event. Please note, we cannot guarantee that a bib deposit made in US dollars will be remitted in US currency. Bibs must be worn properly by all athletes on the course during official training and for all competitions as well as for medal ceremonies.

### Athletes' Biographies

Biography forms will be distributed to each competitor at registration. Biographies must be completed and returned to the Organizing Committee at the registration desk.

### Officials

Technical Delegate	John Gandolfo
Chief of Competition	Denis Laroche
Head Judge	Wayne Hinkel

### Transportation

Transportation in and around ski Lac Beauport is the responsibility of athletes and their coaches. Quebec City Jean Lesage International Airport (YQB) is the closest major international airport to Lac Beauport, Quebec, an approximate 20 – 25 minutes' drive.



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### Accomodations



## TELEPHONE ONLY

To book a room for the NORAM SAUT of January 29<sup>th</sup> 2019,  
rooms starting at **149\$\***

\*Simple or double occupation. A fee of \$15 per person for triple and quad occupancy. The rate shown is per night and before taxes

**Code: CSA30**

		<ul style="list-style-type: none"> <li>Free Outside parking</li> <li>Free WiFi</li> <li>Access to our thermal pools</li> <li>Free Shuttle to Old Quebec</li> <li>Outside terrasses with fireplaces</li> <li>Gym open 24h</li> <li>Entirely non-smoking property</li> </ul>

The rooms are available until **December 29th 2018**. After the cut-off, we can no longer guarantee the availability and the regular rate will apply. No free cancellation will be possible after that date.

Here is the Block Code Name to mention to get the negotiated rate : **CSA30**



**Desjardins**  
Caisse populaire  
de Charlesbourg



1 866 627 8008 ou le 418 627 8008



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**7900 MARIGOT STREET  
QUEBEC, CANADA  
G1G 6T8**





### Liability and Accident Insurance

All athletes, officials and other members of the teams who attend and participate in the event shall do so at their own risk. Every competitor is required to have his/her own medical and life insurance that is adequate and covers maneuvers being performed in training and competition, as well as a valid membership to their National Association. The Organizing Committee, CFSA, Canadian Snowsports Association, FQSA and the Centre Ski Le Relais Lac Beauport shall not be responsible for accidents, damages to or lost equipment and belongings and/or second or third-party claims during the staging of the event.

### IMPORTANT NOTICE

Please note that there will be **ZERO TOLERANCE** for any offensive language or behaviour during the event. Any damages or disruption to hotel, to the Centre Ski Le Relais Lac Beauport facilities or other property related to this event will result in the offender(s) being immediately removed from the event and a complaint will be filed by the Organizing Committee with the offender's National Association.

## Ralph Koehler

President of organizing committee  
418-520-8656  
robko@live.ca



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## Event Program

### Wednesday, January 30, 2019

12:00 to 16:30	Athlete registration (Acrobatx Chalet) FIS-NorAm
12:00 to 15:00	Course maintenance
15:30 to 16:00	Athletes landing prepe
16:30 to 19:00	AE NorAm training (8C)

### Thursday, January 31, 2019

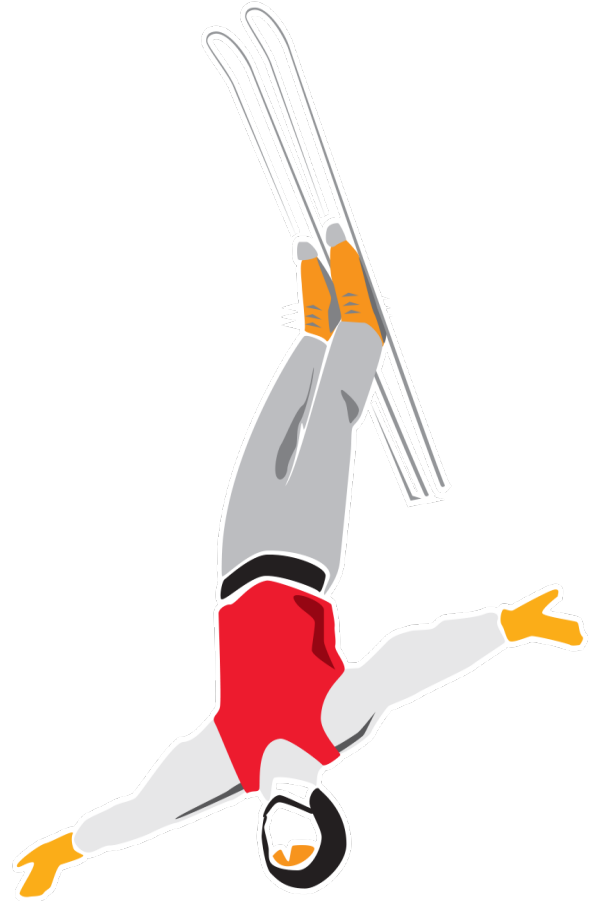
14:00 to 16:00	Athlete registration (Chalet Acrobatx) FIS-NorAm
15:30 to 16:00	Athlete landing prep.
16:30 to 19:00	AE NorAm training (8C)
20:00	AE Team Captains meeting (Chalet Acrobatx)

### Friday, February 1, 2019

15:00 to 15:45	Preparation of the site Course maintenance
16:00	Speed test
16:15 to 17:45	AE Training session
17:45 to 18:00	Course maintenance
18:00 to 19:30	FIS-NorAm qualification (2 jumps)
19:40 to 20:00	AE Training for the final
20:00 to 20:30	Final FIS-NorAm AE 1 jump for the top 6
21:00	Podium FIS-NorAm AE Awards ceremony
21:15	FIS-NorAm Team Leader Meeting

### Saturday, February 2 , 2019

16.00	AE FIS-NorAm Speed Test
16:15 to 17:45	Training AE FIS-NorAm
17:45 to 18:00	Course maintenance
18:00 to 19:30	AE FIS-NorAm qualification (2 jumps)
19:40 to 20:00	AE Training for the final
20:00 to 20:30	Final FIS-NorAm 1 jump for the top 6
21:00	Podium FIS-NorAm Awards ceremony



« **GOOD LUCK TO EVERYONE** »



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