Tasks to complete in early Fall before your Jumps and Bumps Program Starts:

☐ Submit an on-line Jumps and Bumps Operating Agreement/Registration Form and complete CFSA club registration. Make sure to estimate the number of Jumps and Bumps Passports and Can Freestyle Brochures you will need.

☐ Make sure to order extra Can Freestyle Coach Resource Guides that have all the information about teaching skills your coaches will need including the manuals for the new TSM 1 & 2, Air 1 & 2, and Park and Pipe Modules. These cost $25 each. (Your club gets 1 for free – but each coach will probably want one!) These manuals will be required for Freestylerz and useful for your competitive coaches.

☐ Download Jumps and Bumps information documents and any other useful forms for your club. (Ex. Medical information etc.)

☐ Make sure your club has received Passports/Stickers and Club Kits.

☐ Set a date for your Jumps and Bumps Special Event and book space(s) with your Resort General Manager.

☐ Make sure your coaches are registered for the CFSA/NCCP courses they need. You can request help from your PSO.

☐ Set up a meeting with your coaches pre-season. Show them where to find lesson plans, report cards and all J&B Coach resource materials on-line and in their Can Freestyle Coach Resource.

One Month Before Program Starts:

☐ Ensure the coaches are familiar with your Emergency Action Plan.

☐ Make sure your coaches are certified and licensed prior to start of program.

☐ Review the skill level and ages of participants to make sure you can create functional groups. (A wide skill gap is very hard to manage). Make sure you have the coaches you require to teach to anticipated athlete skill levels and ages.

☐ Set up a meeting and social with parents and kids either pre-season or at beginning of program. This is a great time to share materials, check memberships, collect Medical Information forms and recruit volunteers!

☐ Book the time and place for the rewards ceremony and wrap up social.

☐ Assign one coach or staff or volunteer to MAKE SURE YOUR CFSA INSURANCE IS ACTIVE by ensuring all coaches and athletes have registered for their CFSA membership license before going out to train!
During The Season:

Here is a sample 8-week schedule for a two day program that contains all of the elements of a great Jumps and Bumps program. A program schedule keeps coaches and athletes on track, and helps families keep plans straight!

Sample 8 week Season Schedule:

**Week 1 Jan 7/8**
Program starts – check all participants have CFSA license (ask your PSO for list)
Meet with parents and kids to show them passports, stickers, report cards, and share any special events such as your Jumps and Bumps clinic.

**Week 2 Jan 14/15**
Meet with coaches to review skill testing and tracking.
Schedule coach training super sessions with each other and various experts.
Post an open invite for J&B Clinic including location, time, and cost.

**Week 3 Jan 21/22**
Meet with coaches to review report cards and J&B Clinic.

**Week 4 Jan 28/29**
Mogul Terrain clinic for officials/coaches
J&B Moguls Clinic - Hand out report cards to parents at event wrap up.
Make sure you have enough passports and stickers – order anything you need right away!

**Week 5 Feb 4/5**
Meet with coaches to review skill testing and tracking.
Share club pictures and a message on CFSA’s community page.

**Week 6 Feb 11/12**
Have a Freestyle Social with athletes, coaches, and families – by now everyone should be starting to feel like family.
Advertise your March Break Camp.

**Week 7 Feb 18/19**
Meet with Coaches to review reports and Club Championships

**Week 8 Feb 25/26**
Club Championships Moguls and Park events (FUN EVENT) Season Wrap Party with Passport/“Wings” Presentation and final Report Cards.

Post Season:

Send Program Report to CFSA!