|  |  |  |
| --- | --- | --- |
|  | AIR QUALIFICATION FORM |  |

|  |
| --- |
| ATHLETE DATA |
| FAMILY NAME  |  | FIRST NAME |  |
| ADDRESS |  |
|  | POSTAL CODE |  |
| TELEPHONE |  | E MAIL: |  |
| QUALIFIER |  |
| LOCATION |  |
| DATE |  | **WATER □** | SNOW □ |

**SCORING CRITERIA (each component is scored out of a maximum of 25 points**)

|  |  |  |  |
| --- | --- | --- | --- |
| **TAKE OFF:** | CONTROL DURING FLIGHT: | **EXECUTION:** | **LANDING:** |
| * Mental preparation
* Speed taken
* Body position at transition
* Arm movements
* Extension at lip of kicker
 | Reaction to visual and verbal cuesExamples:1. reacting to the coach’s call
2. looking between the layout and the tuck in a Lay-Tuck
3. judging height or lack of it

reacting to the landing | * Proper mechanical initiation and completion of the manoeuvre;
* Twisting, tucking or breaking out of a tuck at the right moment
 | * Preparation for landing
* Balanced landing on skis
* Body position
* Arms in front
 |

The candidate must obtain a minimum score of 75 on every jump in order to qualify the manoeuvre

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **JUMP** | **TAKE-OFF** | **CONTROL** | **EXECUTION** | **LANDING**  | **TOTAL** | **JUMP DATA** |
| 1 |  |  |  |  |  | Jump Name:  |
| 2 |  |  |  |  |  | **□** Qualified | **□** Not Qualified |
| 3 |  |  |  |  |  |  |
| 4 |  |  |  |  |  |
| 5 |  |  |  |  |  |
|  |  |  |  |  |  | Qualifier’s Signature |
| 1 |  |  |  |  |  | Jump Name: |
| 2 |  |  |  |  |  | **□** Qualified | **□** Not Qualified |
| 3 |  |  |  |  |  |  |
| 4 |  |  |  |  |  |
| 5 |  |  |  |  |  |
|  |  |  |  |  |  | Qualifier’s Signature |
| 1 |  |  |  |  |  | Jump Name: |
| 2 |  |  |  |  |  | **□** Qualified | **□** Not Qualified |
| 3 |  |  |  |  |  |  |
| 4 |  |  |  |  |  |
| 5 |  |  |  |  |  |
|  |  |  |  |  |  | Qualifier’s Signature |

**Please submit Air Qualifications to info@freestylecanada.ski**